

Activities for "The Year of Mercy" Corporal Works of Mercy "BURY the DEAD"

BEFORE - Support for Families of the Sick and Dying



- *Parishioners commit to the aid of 3 or more funerals in the course of a year
- *Provide food or a meal for family
- *Offer to sit with the ill or 'dying person'
- *Support or volunteer at a hospice facility
- *Sign up for funeral notice emails

- *Offer daily prayer for all those with a terminal illness
- *Pray for the family and loved one who is ill
- *Offer your assistance if help is needed



DURING - Grieving - Death Has Occurred

- *Provide food for families who are grieving at home at the funeral home at the funeral dinner
- *Sign up to be a funeral choir member
- *Pray the 'Office of the Dead'
- *Light a candle for one person per year
- *Commit to pray for the deceased

- *Send sympathy cards to survivors
 - *Sign up to aid at the funeral dinner
 - *Offer to be a funeral sacristan

- *Encourage other parishioners to attend funerals and/or visitations 3 or more times annually



AFTER - Bereavement - Remembering

- *Demonstrate your care and concern by calling surviving family members
- *Send a 'Thinking of You' card to let survivors know they are being remembered
- *Take the bereaved to visit the cemetery especially those who can't go alone
- *Breakfast for 'Families Who Have Lost a Loved One' is held annually, October 29-30 or November 5-6; Volunteer to help with the breakfast, or attend to show your support for survivors.



FOLLOWING UP - Journeying With Families With Compassion

- *Visit widows or widowers
- *Do yard work and snow removal for widows and widowers
- *Perform a Random Act of Kindness/Mercy showing we remember
- *Send 'Thinking of You' card to the decedents family on various Holidays
- *Provide transportation for non-driving widows to the monthly widow's luncheons held on Thursday's at 11:00am



****Many of these activities can be repeated in a number of the categories. Also be creative and find your own ways to exhibit Acts of Mercy in "Burying the Dead"****